

Bahamas Judo Federation 2008

The Bahamas Judo Federation will be participating in the following Tournaments. If you are interested in participating please contact your Sensei.

Date	Event	Place
Jan 20 – Mar 03	Inter School Championships	All-Star Headquarters, Nassau
Mar 10	National Championships	Loyola Hall, Nassau
April	PJU Juvenile & Junior Championships	Buenos Aries, Argentina
April 18 -22	Jose Ramon Tournament	Havana, Cuba
May 8 -10	PJU Senior Shiai & Team	Miami, Florida
May 31 st	All-Star Judo Tournament	Loyola Hall, Nassau
July 19-20	US Junior Open	Miami, Florida
Nov 20- 23	PJU Infantile	Dominican Republic
Dec 6	Barbados Invitational	Barbados

National Training

- The second and fourth Wednesday of each month 7 pm – 8 pm at All-Star Family Centre Joe Farrington Rd.
- Every Saturday from 3 – 4 pm
- Weight lifting – Every Tuesday and Thursday 6 – 7 pm

National Coaches Training

- The third Saturday of every month 5 – 6 pm at All-Star Family Centre, Joe Farrington Rd.

National Referee Training

- The first Saturday of every month 5 – 6 pm